

Chelsea L. Viola, D.P.M., D.A.B.P.M.

**Clinical Experience**

- Present-2020 Vale Foot and Ankle Surgery, PLLC  
Owner/Partner  
Podiatrist/Foot & Ankle Reconstructive Surgeon  
Credentials and full privileges, including ankle: The Griffin Hospital, Derby, CT.  
Saint Mary's Hospital, Waterbury, CT.
- 2019-2017 Family Foot & Leg Center, PA  
Podiatrist/Associate Foot & Ankle Surgeon  
Responsible for opening two brand new offices (not acquisitions) in new locations for the practice, as a new provider to the practice and the area: Estero and Fort Myers, FL.  
Credentials and full privileges: Lee Health, Naples Community Hospital, Landmark.

**Education**

- 2017-2014 Residency  
Reconstructive Rearfoot and Ankle Surgery; Podiatric Medicine and Surgery: Thomas Jefferson University, Atlantic Health System.  
Morristown Medical Center, Morristown, NJ.  
*Chief Resident 2016-2017*  
*Residency Council Secretary 2016-2017*
- 2014-2010 Medical School  
Doctor of Podiatric Medicine: New York College of Podiatric Medicine, New York, NY  
*Pi Mu Delta Society*  
*APMA Scholar*  
*Voted "Best Bedside Manner" Superlative*  
*NYCPM Merit Scholarship*
- 2010-2006 Undergraduate  
Bachelor of Science in Biological Sciences: Cell Biology and Molecular Genetics; Minor Spanish Language and Culture.  
The University of Maryland, College Park, MD  
*Honors in Biology*  
*Howard Hughes Medical Institute Undergraduate Research Fellow*  
*College Park Scholars: Life Sciences*

**Board Examinations**

- Nov 2021 American Board of Podiatric Medicine: Board Certified, Diplomat Status  
Mar 2017 American Board of Foot and Ankle Surgery: Board Qualified in Foot Surgery and Reconstructive Rearfoot and Ankle Surgery. Passed First Attempt  
June 2016 American Podiatric Medical Licensing Exam Part III: Passed First Attempt  
Jan 2014 American Podiatric Medical Licensing Exam Part II: Passed First Attempt  
July 2012 American Podiatric Medical Licensing Exam Part I: Passed First Attempt

**Surgical Skills Courses and Certifications**

- Mar 2021 Arthrex Minimally Invasive Surgical Correction Course; Naples, FL  
Mar 2020 Orthofix Six Axis External Fixation Course; Dallas, TX  
Mar 2020 Arthrex Minimally Invasive Forefoot Surgery Course; Naples, FL  
Apr 2019 Zimmer Biomet Subchondroplasty Course; Miami, FL  
Nov 2018 Stryker Foot & Ankle Hexapod Experience Day; Stryker Headquarters, Mahwah, NJ.

- Jan 2018 Cadence Total Ankle Certification Course; Austin Center Of Orthopedic Excellence (Integra Office), Austin, TX.
- Mar 2017 Orthofix Course: New Indications for External Fixation in Routine Foot & Ankle Surgery; Venel Institute, Bethlehem, PA.
- Feb 2017 Stryker Course: Advanced Foot and Ankle Surgical Procedures; Venel Institute, Bethlehem, PA.
- Feb 2017 75th Annual American College of Foot and Ankle Surgeons Scientific Conference, Las Vegas, NV.
- Aug 2016 Annual Baltimore Limb Deformity Course: Rubin Institute for Advanced Orthopedics; Baltimore, MD.  
Certifications: 26th Annual Baltimore Limb Deformity Course, Tibial and Foot Deformity Correction Procedures, Six-Axis External Fixation.
- Aug 2016 Foot and Ankle Arthroscopy Surgical Skills Course with Certification: American College of Foot and Ankle Surgeons; Orthopedic Learning Center, Rosemont, IL.
- Mar 2016 Stryker Intramedullary Nail Surgical Symposium, Mahwah, NJ.
- Feb 2016 Alliqua Biovance Surgical Symposium: Venel Institute, Bethlehem, PA.
- Aug 2018 American Heart Association: Basic Life Support/CPR Certification.
- Aug 2018 American Heart Association: Advanced Cardiac Life Support Certification.
- July 2016 American Heart Association: Pediatric Advanced Life Support Certification.

### **Professional Organizations**

- Present-2021 Diplomat Member, American Board of Podiatric Medicine
- Present-2014 Associate Member, American College of Foot and Ankle Surgeons

### **Community Outreach**

- Sept 2020 Lecture: Limb Salvage; The Griffin Hospital, Derby, CT
- 2019-2018 Team Physician, Fort Myers Police Department Athletic League U-6 through U-14 Youth Football; Fort Myers and Cape Coral, FL
- Feb 2019 Lecture: Common Foot and Ankle Injuries in Active Adults; Lee Health Healthy Life Center, Estero, FL
- Sept 2018 Lecture: Heel Pain and Plantar Fasciitis; Shell Point Retirement Community, Fort Myers, FL
- Sept 2018 Lecture: Forefoot Pain; Lee Health Healthy Life Center, Estero, FL
- June 2018 Lecture: Foot Care and Safety for Seniors; Lee Health Healthy Life Center, Estero, FL
- May 2018 Lecture: Plantar Fasciitis and Heel Pain; Florida Blue - Blue Cross Blue Shield, Estero, FL
- May 2018 Lecture: Common Foot and Ankle Injuries in Active Adults; Florida Blue - Blue Cross Blue Shield, Estero, FL
- April 2018 Lecture: Plantar Fasciitis and Heel Pain; Lee Health Healthy Life Center, Estero, FL
- Mar 2018 Foot Screening; Health Fair; Florida Blue - Blue Cross Blue Shield Coconut Point, Estero, FL
- Jan 2018 Lecture: Common Foot and Ankle Injuries in Active Adults; The Club at Rapallo Community, Estero, FL
- Oct 2017 Foot Screening; Health Fair; Florida Blue - Blue Cross Blue Shield Coconut Point, Estero, FL
- Mar 2016 Diabetes Awareness Fair, Overlook Medical Center, Summit, New Jersey
- Sept 2014 Community Health Day, Atlantic Health System, Morristown, New Jersey
- July 2013 West Point Boot Fit, Co-Coordinator, West Point Military Academy, New York  
Helped lead the students throughout the course of the Boot Fit. Designed and distributed T-shirts for the group. Fit approximately 1,100 new cadets into their hot weather combat boots over the course of two days. Worked under the direction of Colonel Neary, DPM.
- July 2012 West Point Boot Fit, West Point Military Academy, New York  
Fit 1,200 new cadets into their hot weather combat boots over the course of three days. Worked under the direction of Colonel Neary, DPM. Received certificate of appreciation.
- Mar 2012 Legislative Conference, Washington, D.C.  
The sole student in attendance representing the State of Connecticut, at the Legislative Conference in Washington, D.C. Lobbied on behalf of the APMA for bills in support of

podiatric medicine. Under the direction of Dr. R. Daniel Davis, Board of Trustees, APMA.

### **Press**

- Mar 30 2019 WBBH NBC-2 *Health Matters - Common Foot and Ankle Injuries*. Lee Health Hospital System. Aired on Mar 30 2019 between 11:00am and 3:00 pm. <https://vimeo.com/288990173>;  
<https://vimeo.com/289930727>
- Mar 23 2019 WBBH NBC-2 *Health Matters - Common Injuries in Exercising Adults*. Lee Health Hospital System. Aired on Mar 23 2019 between 11:00am and 3:00 pm. <https://vimeo.com/291016721>;  
<https://vimeo.com/327336763>
- Sept 20 2018 WBBH NBC-2 *Health Matters - Diabetes and Foot Care*. Lee Health Hospital System. Aired on Sept 20 2018 between 11:00 am and 3:00 pm. <https://vimeo.com/291016721>
- Sept 14 2018 WBBH NBC-2 *Health Matters - Foot Pain*. Lee Health Hospital System. Aired on Sept 14 2018 between 11:00 am and 3:00 pm. <https://vimeo.com/288990173>
- Sept 12 2018 PM News Article Mention: *Health Matters - Diabetes and Foot Care*.  
<https://vimeo.com/289930727>
- Sept 4 2018 WBBH NBC-2 *Health Matters - Diabetes and Foot Care*. Lee Health Hospital System. Aired on Sept 4 2018 between 11:00 am and 3:00 pm. <https://vimeo.com/288990173>
- Jan 22 2018 Univision D'Latinos *Dolor en los pies y algunos tratamientos*. Aired on Jan 22 2018 between 6:00 and 6:30 pm. Interview conducted in Spanish.  
<https://www.youtube.com/watch?v=f7LEcq29wkY&authuser=1>
- Oct 2 2017 Univision D'Latinos *Diabéticos y los pies*. Aired on Oct 2 2018 between 6:00 and 6:30 pm. Interview conducted in Spanish. <https://youtu.be/f7LEcq29wkY>

### **Publications/Posters/Research**

- 2017-2015 Poster Presentation American College of Foot and Ankle Surgeons Scientific Conference: Atlantic Health System, Morristown Medical Center, Dr. Mark Solomon, Case Study on Joint Sparing Correction of Pes Cavus Utilizing an Innovate Hexapod Design.
- July 2016 American College of Foot and Ankle Surgeons Scientific Literature Review: A Randomized, Double-Blind, Placebo-Controlled Trial of Injected Capsaicin for Pain in Morton's Neuroma.  
<http://www.acfas.org/Research-and-Publications/Scientific-Literature-Reviews/July-2016/SLR---July-2016---Chelsea-Viola/>
- June 2015 American College of Foot and Ankle Surgeons Scientific Literature Review: Eccentric and Concentric Loading of the Triceps Surae: An In Vivo Study of Dynamic Muscle and Tendon Biomechanical Parameters.  
<http://www.acfas.org/Research-and-Publications/Scientific-Literature-Reviews/June-2015/SLR--June-2015---Chelsea-Viola/>
- 2013-2012 Case Study on Relapsing Pseudotumor with Pedal Manifestations: New York College of Podiatric Medicine/Foot Center of New York. Published: NYCPM Podiatric Medical Review: 2013(21): 35-40.
- July 2013 Boot Fit: West Point Military Academy/Hospital for Special Surgery/NYCPM, Colonel Neary and Dr. Howard Hillstrom
- 2010-2007 Howard Hughes Medical Institute Undergraduate Research Fellowship; University of Maryland Biology Departmental Honors, College Park, Dr. Gerald Wilkinson Laboratory: Isolating retrotransposable elements in the stalk-eyed fly (*Teleopsis dalmanni*) genome.

### **Presentations**

- Jan 2016 "An Unfortunate Break: A Tale of Three Fixations." American College of Foot and Ankle Surgeons: Division 8 Complications Conference, Providence, RI.  
Presentation on a difficult clinic patient requiring many surgical procedures for correction. President, ACFAS Division 8: Harry P. Schneider, DPM, FACFAS.

May 2010 Honors Thesis Defense, Biology Departmental Honors, University of Maryland, College Park, MD: Isolating retrotransposable elements in the stalk-eyed fly (*Teleopsis dalmanni*) genome.

**Awards**

2017-2016 Chief Resident, Department of Podiatric Surgery, Morristown Medical Center  
2014 Pi Mu Delta National Podiatry Service Society  
Fraternal organization through NYCPM awarded to students dedicated to the service of the College, profession, and community.  
2014 Best Bedside Manner, Superlative  
Voted by the professors of NYCPM to have the “Best Bedside Manner” of all the students in the Class of 2014.  
2014 American Podiatric Medical Association Educational Foundation Student Scholarship  
2013 American Podiatric Medical Association Educational Foundation Student Scholarship  
2010 NYCPM Merit Scholarship

**Honors**

2010-2009 Howard Hughes Medical Institute Undergraduate Research Grant  
Received funding from the Howard Hughes Medical Institute for research under Dr. Gerald Wilkinson. Presented a poster for the HHMI Poster Symposium.  
2010-2008 Biology Departmental Honors, University of Maryland, College Park  
2008-2006 College Park Scholars Program: Life Sciences, University of Maryland, College Park

**Languages** Spanish

References available upon request.